

SPORT NUTRITIONIST

Document ID	JOB006
Employer	Japan Cycling Federation
Work Type	Contract / 2-3 days per week (at least, negotiable)
Contract period	To March 2021. Possibility of extension after 2021 depending on working performance.
Salary	Upon experience
Location	Shizuoka Prefecture, Japan
Posted	05/AUG/2019
Closes	The position will remain open until the position is either closed (an applicant hired) or cancelled (position closed without a hire)

JOB DESCRIPTION

Pre-amble

Japan Cycling Federation (JCF) is the recognized authority by the UCI (Union Cycliste International), JSC (Japan Sports Council) and JOC (Japan Olympic Committee) on all aspects of cycling in Japan. JCF is responsible for the management and development of the sport from the national team at the elite level, including Olympic, Paralympic and Asian Games.

JCF, through its High-Performance Center (HPC), aims to create and sustain an effective system that develops talented Japanese track cyclists to achieve Olympic, Paralympic and World Championship medal performances.

Short Description

The Sports Nutritionist provides individual and group/team nutrition counseling and education to enhance the performance of competitive athletes, on-site and during travel.

Reports to

Head Coach & Sports Doctor

Main Responsibilities (include but are not limited to)

- Assesses and analyze individual diet and nutritional strategies, nutritional deficiencies, body composition and all other areas pertaining to nutrition for elite performance.
- Provide counsel to athletes on nutritional practices and body composition for health and performance.
- Knowledge and understanding of Japanese food, customs and dietary habits.
- Oversee periodised nutrition plans aligned with training and competition.
- Develop individual and team best practice protocols for recovery, hydration, and travel nutrition.
- Create and manage an individual and team supplementation policy.
- Maximize nutritional opportunities to facilitate recovery from illness or injury.

- Coordinate nutritional care as a member of multidisciplinary sports medicine/sports science teams.
- Develop resources to support educational efforts within the Japan Cycling Federation development pathway.
- Manage budgets for purchasing and distribution of ergogenic aids and nutritional supplements.
- Stay abreast of current food, nutrition, and health issues and research related to sports nutrition, and any rules and regulations of cycling governing bodies: e.g., Union Cycliste International (UCI), Japanese Anti-Doping Agency (JADA), World Anti-Doping Agency (WADA), relating to ergogenic aids, supplementation and other such matters.

Requirements (include but are not limited to)

- MSc in Sports Nutrition or Dietetics / Certified Nutritionist in Japan
- ISAK Level 1(Desirable)
- Experience in the usage of computers and office software packages (Ms Word, Excel, etc.)
- Experience in handling web-based management systems.
- Japanese native or bilingual proficiency.
- English working proficiency.

Key Competencies and Behaviors (include but are not limited to)

- Self-motivation and ability to work independently.
- Excellent time management, organizational, and record-keeping skills.
- Excellent communication, presentation, and counseling skills.
- Ability to work as part of a team.

General

- The person taking this role will be required to travel to Competitions and Training Camps agreed upon by the Sports Doctor or any other superior.
- Comply with all policies set down by JCF and ensure that they are implemented as appropriate

APPLICATIONS

Please send full resume to hr@japanhpc.com, including:

- Current and expected salary.
- Contact telephone number, email and postal addresses
- Current work situation and availability date for starting.

Please quote reference no. “**JOB006**” in the application.

Applicants who are not invited for interview within six months may consider their applications unsuccessful.

All applications will be treated in the strictest confidence. Data collected will be used for recruitment and other employment-related purposes only.