

STRENGTH AND CONDITIONING COACH

Document ID	JOB012
Employer	Japan Cycling Federation
Work Type	Full Time
Contract period	July 2019 to March 2021. Possibility of extension after 2021 depending on working performance.
Salary	Upon experience: Max ¥500,000 per month
Location	Izu, Shizuoka Prefecture, Japan
Posted	27/JUN/2019
Closes	The position will remain open until the position is either closed (an applicant hired) or cancelled (position closed without a hire)

JOB DESCRIPTION

Pre-amble

Japan Cycling Federation (JCF) is the recognized authority by the UCI (Union Cycliste International), JSC (Japan Sports Council) and JOC (Japan Olympic Committee) on all aspects of cycling in Japan. JCF is responsible for the management and development of the sport from the national team at the elite level, including Olympic, Paralympic and Asian Games.

JCF, through its High-Performance Center (HPC), aims to create and sustain an effective system that develops talented Japanese track cyclists to achieve Olympic, Paralympic and World Championship medal performances.

Short Description

Provide performance support in the area of strength and conditioning.

Reports to

HPC Head of Performance Science and Head Coaches

Main Responsibilities (include but are not limited to)

- Design, implement and supervise strength and conditioning programs for Track Sprint and Track Endurance Athletes, and assist sports medicine staff as they rehabilitate injured athletes.
- Liaise with Japan Institute of Sports Sciences (JISS) strength and conditioning providers and sport scientists who are associated with JCF and HPC development pathway athletes to ensure that consistent and world class strength and conditioning services are provided.
- Collaborate with the Coaching Academy Team in order to ensure that the latest Strength and Conditioning methods, findings and conclusions are included into the coaching courses materials.
- Keep abreast of “world’s best practice” in strength and conditioning initiatives and research in cycling and other relevant sports.

Requirements (include but are not limited to)

- A degree in Sports Science, or equivalent.
- Demonstrated success in design/implementation of strength and conditioning programs for elite international athletes.
- Experience conducting applied sport science research and collaborating with world class experts.
- Experience in the usage of computers and office software packages (Ms Word, Excel, etc.)
- Experience in handling of web-based management systems.
- Fluency either in English or Japanese speaking skills.
- Both English and Japanese communication skills will be a plus.

Key Competencies and Behaviors (include but are not limited to)

- Problem solving capability.
- Good people skills and team player.
- Excellent communication, organisation and computer skills.
- Flexible and capable to work under pressure.
- Demonstrate personal commitment to the pursuit of excellence.

General

- The person taking this role will be required to live in Japan, nearby Izu velodrome.
- The incumbent will be also required to travel to Competitions and Training Camps, and working non-traditional work hours, including weekends.
- Comply with all policies set down by JCF and ensure that they are implemented as appropriate

APPLICATIONS

Please send full resume to hr@japanhpc.com, including:

- Current and expected salary.
- Contact telephone number, email and postal addresses
- Current work situation and availability date for starting.

Please quote reference no. **“JOB012”** in the application.

Applicants who are not invited for interview within six months may consider their applications unsuccessful.

All applications will be treated in the strictest confidence. Data collected will be used for recruitment and other employment-related purposes only.